

May 2025

Ector Co.Eld. Nutrition
1225 N. Adams-Odessa
(432)333-6791

Due to availability of food, menu is subject to change

Northside Center 11:30 - 12:30 Southside Center 11:00 - 12:00

SUMMIT -Meal Provider

\$3.00 Suggested

Meal Donation


Monday

Tuesday

Wednesday

Thursday

Friday

			1	2
			Sliced Turkey Mashed Potatoes Broccoli Florets Granola Bar Lemon Bar Tea/Milk	Green Chili Brisket Rice Pilaf CA Mixed Vegetables Apple Sauce Pecan Pie Tea/Milk
5	6	7	8	9
Beef Chopped Steak Scalloped Potatoes Green Beans Yogurt Cookie Tea/ Milk	Honey Dijon Chicken Wild Rice CA Mixed Vegetables Fresh Fruit Lemon Pie Tea/Milk	Swedish Meatballs Mashed Potatoes Peas & Carrots String Cheese Cake Tea/Milk	Orange Glazed Beef Broccoli & Carrots Green Cabbage Gardettos Pudding Tea/Milk	Chicken VeraCruz Spanish Rice Refried Beans Harvest Nuts Fruit Cup Tea/Milk
12	13	14	15	16
BBQ Pulled Pork Red Skin Mashed Pot Broccoli Florets Fresh Fruit Cake	Sweet n Sour Chicken Vegetable Rice Asian Vegetables Cheeze its Cookie Tea/Milk	Meatloaf Marinara Mashed Potatoes 5 Way Mixed Vegetab Apple Sauce Pie Tea/Milk	Diced Chicken Stew Au Gratin Potatoes Brussels Sprouts String Cheese Brownie Tea/Milk	Beef Pepper Steak White Rice Prince WM Vegetables Oatmeal Pie Fruit Cup Tea/Milk
19	20	21	22	23
Italian Chicken Mac & Cheese CA Mixed Vegetables Granola Bar Cake Tea/Milk	Beef Stew & Potatoes Corn & Carrots Green Cabbage Granola Bar Cake Tea/Milk	Chicken Fajitas Spanish Rice Refried Beans Jello Rice Crispy Tea/Milk	Salisbury Steaks Red Skin Mashed Pot Green Beans Fresh Fruit Cookie Tea/Milk	Chicken Salad Potatoe Salad Italian Pasta Salad Gardettos Lemon Square Tea/Milk
26	27	28	29	30
CLOSED FOR MEMORIAL DAY 	BBQ Chicken Mashed Potatoes Okra & Tomatoes Apple Sauce Pie Tea/Milk	Pizza Salad String Cheese Brownie Tea/Milk	Turkey Mac & Cheese Red Skin Mashed Pot Green Beans Jello Cake	Sliced Beef Brisket BBQ Diced Potatoes 5 Way Mixed Vegetab String Cheese Muffins Tea/Milk